Smart Syllabus / Accelerated Learning Programme (ALP) Health Sciences Grade-9 for Academic Session 2026-27 & BISE Exam-2027

Chapter No./ Name	Deleted Topics and Exercise Questions	Page No.
1. Introduction to Health Sciences	• 1.3/Health Care System in Punjab • 1.4 /Key Health Indicators • MCQ No.9 &10 • Short answers No. 4, 5 • Long questions No. 3, 4, 5 • All Group Activities	5-7 7-10 15 16 16 16
2. Gastrointestinal System	• 2.2/ Interaction of GI System with other Systems • All Group Activities	20-21 25
3. Respiratory System	• Covid-19 • 3.5/ Vaccination and Smoking Cessation • MCQs No. 4, 7 • Short answers No. 3 • Long questions No. 2 • All Group Activities	30 32 33 34 34 34
4. Circulatory System	• 4.3/ Prevention of Cardiovascular Diseases • MCQ No. 7 • All Group Activities	41-42 43 44
5. Urinary System	• Box • Urinary Incontinence • All Group Activities	48 50-51 62
6. First Aid	• 6.5 Department /organizations providing First Aid • MCQ No. 7 • All Group Activities	70 71 72
7. Physical Education	Whole chapter deleted	73-86
8. Nutrition	• Table • 8.2/ International Dietary Guidelines • Pakistani Dietary Guidelines • Table • Tables • Table • Long question no 2 • All Group Activities	90 93 94-97 95 96 97 106 107